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ABSTRACT

This resource manual represents the most comprehensive information available on adapted sport and recreation activities for people with disabilities. The book focuses on ways that people with disabilities can access sport and recreational opportunities from which they have been traditionally excluded. The manual takes a cross-disability view of sporting and recreational opportunities for the disabled. The framework of the text features nine major sports organizations that currently provide athletic and recreational opportunities to the disabled. Each of the 53 activities chapters is organized to provide information on the national governing body which oversees the development of each sport, from archery to wrestling, and the primary disability for which the activity is designed. Information is also provided on the suppliers and manufacturers of adapted equipment for the sport. (JD)

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